

HEALTH & WELLBEING BOARD

Subject Heading:

BHR Suicide Prevention Strategy
Annual Update (2018-19)

Board Lead:

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The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

- Theme 1: Primary prevention to promote and protect the health of the community and reduce health inequalities
- Theme 2: Working together to identify those at risk and intervene early to improve outcomes and reduce demand on more expensive services later on
- Theme 3: Provide the right health and social care/advice in the right place at the right time
- Theme 4: Quality of services and user experience

SUMMARY

London Borough of Havering and London Borough of Barking and Dagenham joint Suicide Prevention strategy was developed and approved by the respective Health and Wellbeing Boards in December 2017 and January 2018. In March 2018 London Borough of Redbridge also agreed to participate in a three borough arrangement.

In the year since the strategy was agreed there has been progress on all priority actions that were scheduled to be taken forward, which are summarised in the attached presentation. In addition there have been developments on suicide prevention at STP, London and national level. .

In addition to the BHR actions, the following also took place locally:

- LBH Safeguarding training schedule includes suicide prevention
- LBH Workplace Wellbeing includes mental health first aid training
- Up to three staff from every secondary school in the borough have attended mental health first aid training



- Training for schools and information portal include suicide prevention as part of a whole school approach to mental health and emotional wellbeing
- Living article on mental health included information for residents about help and advice during times of emergency
- Suicide prevention training for schools delivered by Papyrus
- LBH amplified national campaigns, including during national suicide prevention week to raise awareness of the issue of suicide, how to talk about / prevent suicide, and opportunities for training
- Health champion training schedule includes a module on mental health

RECOMMENDATIONS

The Board is asked to consider the content of the attached presentation and raise

REPORT DETAIL

As attached

IMPLICATIONS AND RISKS

None to report

BACKGROUND PAPERS



Havering
LONDON BOROUGH

None